"I took a trip, it was a very long trip; and with me, I took [X]."

This is the crux of the entire additive game. Everyone sits in a circle. The first person sings the line given above and puts whatever noun they like at the end of the sentence. For example: "I took a trip, it was a very long trip; and with me, I took pickles."

The next person will now take the pickles and add something else: "I took a trip, it was a very long trip; and with me, I took pickles and a snowshoe." The next person takes these and adds one thing of their own: "I took a trip, it was a very long trip; and with me, I took pickles, a snowshoe and a steamboat."

And so on. It is a great game for silliness and to sharpen memory skills, especially when outlandish things are taken on the trip. I have heard of a version like "Baby, I Love You" [see] where you are not allowed to smile (or you are out), but that kind of takes the fun out of this game for me.

When someone misses, they start a new trip!